



CULLMAN
REGIONAL

PHYSICIAN'S ORDERS

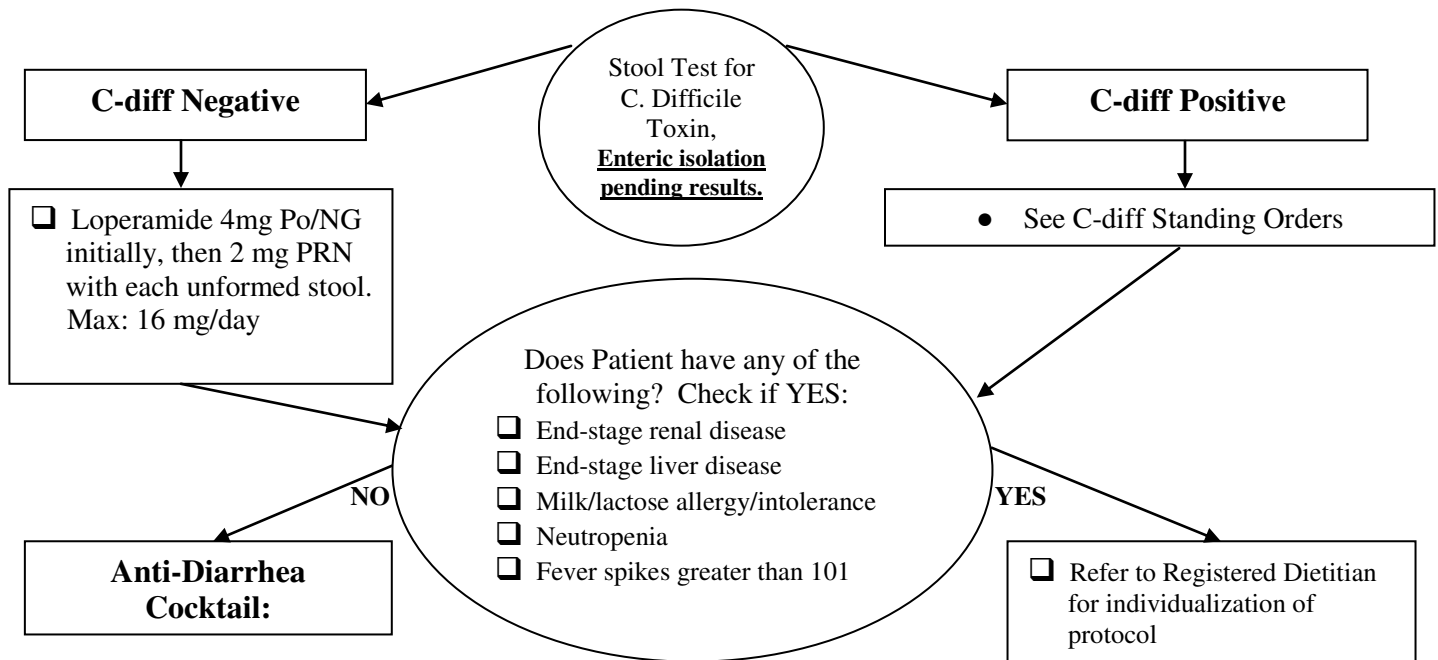
NAME:
ROOM NO:
(ADDRESS)
HOSP. NO.
PHYSICIAN

Another brand of drug identical in form and content may be dispensed unless checked. ☐

Diarrhea (Adult) Treatment Order Set

Definition of Diarrhea: 3 or more unformed stools in a 24 hour period.

☐ Not admitted with diarrhea; Enteric pathogens not expected.



Anti-Diarrhea Cocktail:

☐ **Po Administration (mix with soft food or 120 cc liquid)**

Glutamine powder 15 gm packet tid

Benefiber 0.14 oz packet tid

Glutamine powder 15 gm packet mixed with 60 cc water, flush through tube tid

☐ **Tube Feeding Administration**

Glutamine powder 15 gm packet mixed with 60 cc water, flush through tube tid

Benefiber 0.14 oz packet mixed in 60 cc water, flush through tube tid

MD Signature: _____ Date & Time: _____

Please use Ball Point Pen ONLY

Revised: 05/23/18 Page 1 of 1 DO NOT USE: U IU QD QOD MS MSO4 MgSO4



CULLMAN
REGIONAL

PHYSICIAN'S ORDERS

NAME:
ROOM NO:
(ADDRESS)
HOSP. NO.
PHYSICIAN

Another brand of drug identical in form and content may be dispensed unless checked. ☐

C. Difficile Order Set

Initial Episode Non Severe Disease:

- Leukocytosis with a white blood cell count of $\leq 15,000$ cells/mL and a serum creatinine level < 1.5 mg/dL.
- ☐ Vancomycin 125 mg PO qid for 10 days.
- For patient who is allergic to Vancomycin.
- ☐ Fidaxomicin (Dificid) 200 mg PO bid for 10 days.

Initial Episode Severe Disease:

- Leukocytosis with a white blood cell count of $\geq 15,000$ cells/mL and a serum creatinine level > 1.5 mg/dL.
- ☐ Vancomycin 125 mg PO qid for 10 days.
- For patient who is allergic to Vancomycin.
- ☐ Fidaxomicin (Dificid) 200 mg PO bid for 10 days.

Initial Episode Fulminant Disease:

- Hypotension or shock, ileus, megacolon.
- ☐ Vancomycin 500 mg PO qid.
- If ileus, consider adding:
- ☐ Vancomycin 500 mg PR qid
- OR**
- ☐ Metronidazole (Flagyl) 500 mg IV q8h.
- ☐ Consult Surgery with patient who has fulminant disease

First Recurrence:

- ☐ Vancomycin 125 mg PO qid for 10 days if Metronidazole was used for the Initial Episode
- OR**
- ☐ Tapered/pulsed dose of Vancomycin:
- 125 mg PO qid for 14 days
 - 125 mg PO bid for 7 days
 - 125 mg PO daily for 7 days
 - 125 mg PO every other day for 7 days
 - 125 mg PO every 3 days for 14 days
- OR**
- ☐ Fidaxomicin (Dificid) 200 mg PO bid for 10 days if Vancomycin was used for the Initial Episode.

Second or Subsequent Recurrence:

- ☐ Tapered/pulsed dose of Vancomycin:
- 125 mg PO qid for 14 days
 - 125 mg PO bid for 7 days
 - 125 mg PO daily for 7 days
 - 125 mg PO every other day for 7 days
 - 125 mg PO every 3 days for 14 days
- OR**
- ☐ Vancomycin 125 mg PO qid for 10 days followed by rifAXIMin (Xifaxan) 400 mg tid for 20 days
- OR**
- ☐ Fidaxomicin (Dificid) 200 mg PO bid for 10 days.
- OR**
- ☐ Consult G.I. for possible fecal transplantation.

Physician Signature: _____ **Date & Time:** _____

Please Use Ball Point Pen ONLY

Revised: 05/23/18 Page 1 of 1 **DO NOT USE:** U IU QD QOD MS MSO4 MgSO4



Clostridium Difficile Guidelines for Reference:

- Only unformed stools should be tested for Clostridium difficile.
- Testing for cure should not be done.
- Inciting antibiotics should be discontinued, if possible.
- Use of anti-diarrheal agents should be avoided.
- Patients with severe disease should have CT scans.
- Limited evidence for use of probiotics to decrease recurrence (risk of causing bacteremia or fungemia associated with use).
- Contact precautions for patients with CDI-clostridium difficile infection. Wash hands with soap and water. Alcohol based hand sanitizers are not effective against C-diff.
- Anion binding resins (cholestyramine and colestipol) can bind Vancomycin and if used, must be dosed 3 hours after dose of Vancomycin. IV Vancomycin is not effective in treating CDI.

Resources:

Clinical Practice Guidelines for Clostridium difficile Infection. CID 2018:XX (XXXXXX)

www.uptodate.com Clostridium difficile in adults: Treatment. Table: "Treatment of nonsevere Clostridium difficile associated diarrhea in adults". UpToDate 2017.

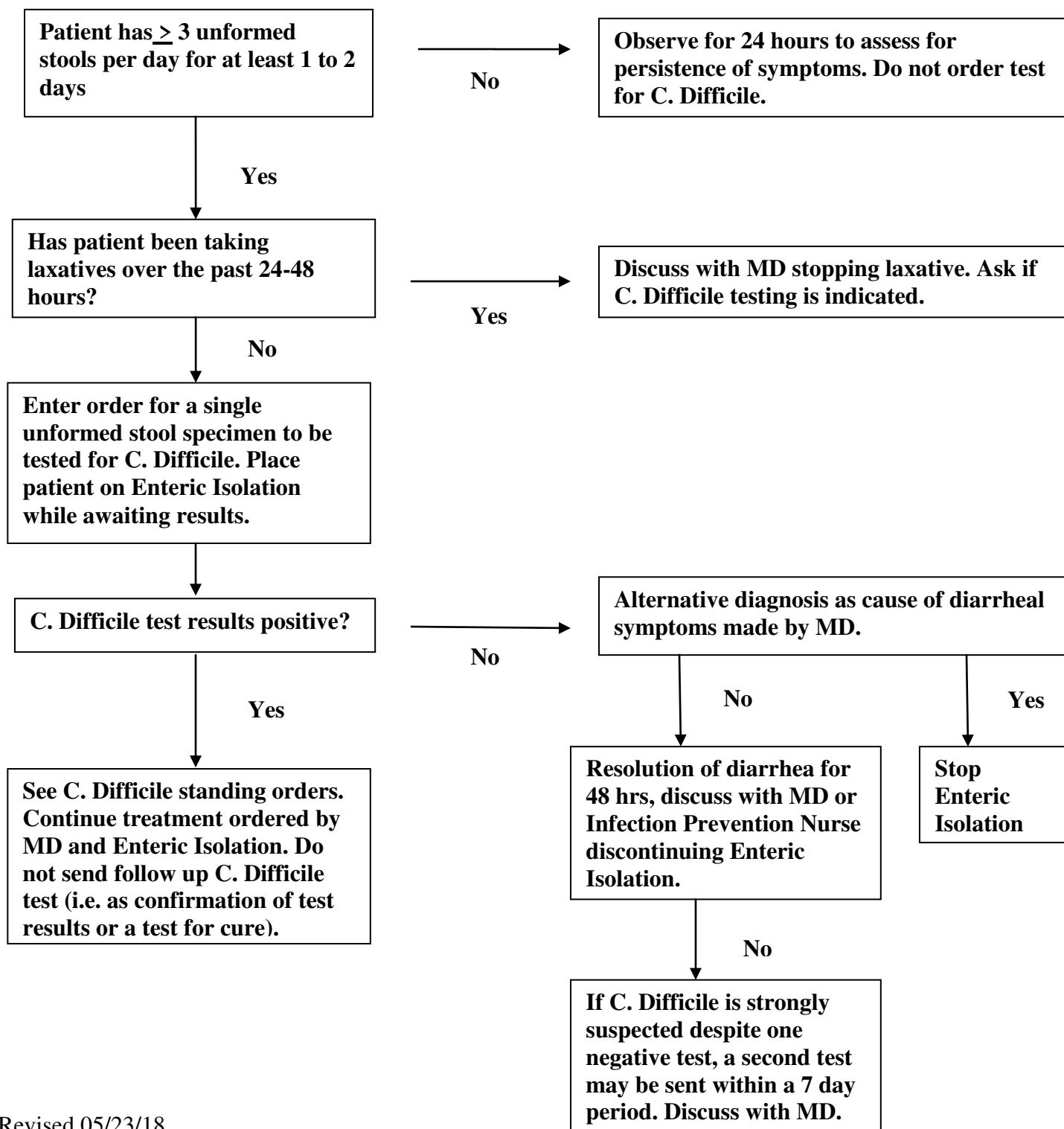
"Guidelines for Diagnosis, Treatment, and Prevention of Clostridium difficile Infections" American College of Gastroenterology, April 2013.

Do not place this page on patient chart – not part of permanent record.

Created: 08/03/15

Revised: 06/19/17, 05/23/18

Diarrhea (C. Difficile) Testing Algorithm Cullman Regional



Revised 05/23/18

Do not place this page on patient chart – not part of permanent record.