



**CULLMAN**  
REGIONAL

## PHYSICIAN'S ORDERS

NAME:  
ROOM NO:  
(ADDRESS)  
HOSP. NO.  
PHYSICIAN

Another brand of drug identical in form and content may be dispensed unless checked. ☐

### OB/GYN Routine Post Op Cesarean Section Order Set

**DIET:** ☐ Clear liquids. Advance as tolerated. ☐ Regular

**IV FLUIDS:** Continue Oxytocin infusion from C/S delivery until fundus firm and below umbilicus and lochia stable titrated to control uterine tone and stable lochia. Then D5LR @ 125 ml/hr – may DC after 24 hours if vital signs stable, fundus firm and stable lochia.

**LAB:** ☐ CBC no Diff 1<sup>st</sup> day post op ☐ CBC with auto Diff 1<sup>st</sup> day post op ☐ CBC with manual Diff 1<sup>st</sup> day post op  
☐ Rhogam work up if indicated.  
☐ Other \_\_\_\_\_

**VITAL SIGNS:** Assess vital signs (after recovery q 15 minutes x 4) q 30 minutes x 2, q hr x 4 then qid.  
Check abdominal dressing, fundal height, lochia with vital signs.

**MEDICATIONS:** \*\*\* Give Po first, then IV. If no IV present, give IM. \*\*\*

- If Duramorph has been given in spinal, no IV narcotics should be administered for 24 hr but the patient may be given Po pain medications if the patient is uncomfortable.

- ☐ Benadryl 12.5 mg IV or 25 mg Po or IM q 6 hr PRN for itching
- ☐ Zofran 4 mg Po or IV q 6 hr PRN nausea/vomiting
- ☐ Tylenol 325 mg 2 tabs Po q 4 hr PRN for temperature > 100.4 after 24 hr
- ☐ Toradol 30 mg IV q 6 hr x 4

*For mild pain (scale 1-3)*

- ☐ Ibuprofen 800 mg Po q 6 hr x 4 doses; start after Toradol injection
- ☐ Ibuprofen 800 mg Po q 6 hr PRN; start after Ibuprofen scheduled doses
- ☐ Norco 5 mg 1 tab Po q 4 hr PRN (Do not exceed 12 tabs a day) if not relieved by Ibuprofen
- ☐ Percocet 5 mg 1 tab Po q 4 hr PRN (Do not exceed 12 tabs a day) if not relieved by Ibuprofen or Norco

*For moderate pain (scale 4-7)*

- ☐ Norco 5 mg 2 tabs Po q 4 hr PRN (Do not exceed 12 tabs a day)
- ☐ Percocet 5 mg 2 tab Po q 4 hr PRN (Do not exceed 12 tabs a day) if not relieved by Norco
- ☐ Morphine Sulfate 1 mg IV q 1 hr PRN

*For severe pain (scale 8-10)*

- ☐ Morphine Sulfate 2 mg IV q 1 hr PRN

*Other Medications*

- ☐ Senokot 2 tab Po q hs for constipation prevention
- ☐ MOM 30 ml Po PRN daily for BM or gas after 24 hr
- ☐ Dulcolax supp 10 mg PR PRN daily for BM or gas after 24 hr
- ☐ Mylicon 80 mg Po qid PRN for gas
- ☐ Measles, Mumps, Rubella (MMR) vaccine if Rubella Non-immune

#### NURSING CARE:

- Foley Catheter to gravity; may DC after 12 hr. Record I&O q shift while in place. (Notify MD for urinary output < 120 in 4 hr).
- If unable to void, straight cath x 1, 6 hours after delivery and measure volume
- Out of bed with assistance when recovered from anesthesia and able to ambulate
- Change dressing first day post op and PRN
- Begin Incentive Spirometry Protocol
- Turn, cough, and deep breath q 2 hr x 48 hr while awake
- SCDs or TEDs; discontinue when ambulating
- T-pump PRN

Per Dr. \_\_\_\_\_ written initiate order set (Note: enter into CPOE)

Per Dr. \_\_\_\_\_ telephone/verbal initiate order set (Note: enter into Evident)

**MD Signature:** \_\_\_\_\_ **Date & Time:** \_\_\_\_\_

Cullman Regional

Please use Ball Point Pen ONLY

Physician's Orders

**DO NOT USE:** U IU QD QOD MS MSO4 MgSO4