



CULLMAN
REGIONAL

PHYSICIAN'S ORDERS

NAME:
ROOM NO:
(ADDRESS)
HOSP. NO.
PHYSICIAN

Another brand of drug identical in form and content may be dispensed unless checked. ☐

OB/GYN Post Op Order Set (Page 1 of 2)

☐ Admit Inpatient ☐ Place in Observation Services ☐ Outpatient

Post Op Dx:

Admit to 5 East _____ or _____

☐ **Vital signs** (after q 15 minutes x 4 in recovery) q 30 minutes x 2, then q 1 hour x 4 then qid.

☐ Call if temperature $\geq 101^\circ$, BP $\geq 180/100$ or $< 70/50$, or RR > 30 or < 10 .

IVF: ☐ D5LR @ _____ ml/hr ☐ Other _____

DIET: ☐ NPO (includes ALL tube feedings) ☐ Clear post nausea ☐ Regular

LAB: ☐ Hct & Hgb _____
☐ CBC in am ☐ CBC with automated Diff in am ☐ CBC with manual Diff in am
☐ Other _____
☐ Call if Hgb ≤ 9.0

ACTIVITY:

- ☐ Ambulate 1st post op day
- Begin Incentive Spirometry Protocol, notify Respiratory Therapy.
- Turn, cough, and deep breath q 2 hours x 48 hours while awake

TREATMENTS:

- ☐ Foley to drainage
- ☐ I&O; call if UOP < 100 ml/4 hour
- ☐ DC foley POD# _____
- ☐ Check residual urine with 2nd void; notify MD of results, and replace foley if \geq or 125 ml
- ☐ In & Out Cath every 4 hours PRN
- ☐ TED Hose knee high
- ☐ SCD Hose knee high and DC when ambulatory
- ☐ T Pump PRN

MEDICATIONS: *** Give Po first, then IV. If no IV present, give IM. ***

- ☐ Ancef 1 gram IV q 8 hr x _____ doses. 1st dose due _____.
- ☐ PCA per anesthesia (No other narcotics/sedatives/sleeping meds, except by order of Anesthesiologist.)
- ☐ Toradol 30 mg IV q 6 hr x 4 doses
- For mild pain (scale 1-3)**
- ☐ Ibuprofen 600 mg Po q 6 hr PRN, start after Toradol IV
- ☐ Norco 7.5 mg 1 tab Po q 3 hr PRN (Do not exceed 12 tablets a day) if not relieved by Ibuprofen
- ☐ Percocet 5 mg 1 tab Po q 3 hr PRN (Do not exceed 12 tablets a day) if not relieved by Norco

MD Signature : _____ **Date & Time:** _____

Cullman Regional

Please use Ball Point Pen ONLY

Physician's Orders

DO NOT USE: U IU QD QOD MS MSO4 MgSO4



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OB/GYN Post Op Order Set (page 2 of 2)

MEDICATIONS: (continued) * Give Po first, then IV. If no IV present, give IM *****

For moderate pain (scale 4-7)

- ☐ Norco 7.5 mg 2 tab Po q 3 hr PRN (Do not exceed 12 tablets a day)
- ☐ Percocet 5 mg 2 tab Po q 3 hr PRN (Do not exceed 12 tablets a day) if not relieved by Norco
- ☐ Stadol 1 mg IV or IM q 4 hr PRN
- ☐ Morphine Sulfate 1 mg IV q 1 hr PRN in first 24 hours post op if not relieved by Stadol

For severe pain (scale 8-10)

- ☐ Stadol 2 mg IV or IM q 4 hr PRN
- ☐ Morphine Sulfate 2 mg IV q 1 hr PRN in first 24 hours post op if not relieved by Stadol

Other Medications

- ☐ Zofran 4 mg IV-IM q 3 hr PRN nausea (IM if no IV present)
- ☐ Oxygen at 2 liters per nasal cannula ☐ Wean ☐ Don't wean
- ☐ Reglan 10 mg IV q 6 hr x _____ doses for nausea
- ☐ Reglan 10 mg Po 30 minutes q ac & hs for nausea, start after IV doses
- ☐ Ativan 1 mg Po q _____ hr PRN for anxiety.
- ☐ MOM 30 ml Po daily for constipation
- ☐ Colace 100 mg Po bid for stool softener
- ☐ Mylicon 80 mg Po qid for gas

If Duramorph has been given in spinal, no IV narcotics should be administered for 24 hours but the patient may be given Po pain medications if the patient is uncomfortable.

MD Signature : _____ **Date & Time:** _____

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