



**CULLMAN**  
REGIONAL

## PHYSICIAN'S ORDERS

NAME:  
ROOM NO:  
(ADDRESS)  
HOSP. NO.  
PHYSICIAN

Another brand of drug identical in form and content may be dispensed unless checked. ☐

### Routine Colonoscopy Order Set

#### Pre-procedure:

1. Diet: Clear liquid diet day before procedure or as soon as procedure ordered. Encourage fluids. (Avoid any liquids with red dyes).
2. NPO after 2200 (includes ALL tube feedings).
3. Permit signed for: Colonoscopy with possible biopsy, electrocautery and/or polypectomy.
4. **Afternoon Procedures:** May have clear liquid breakfast **before 0700**.
5. Give Dulcolax 5 mg tablet Po @ 0900 the day prior. If after 0900, give as soon as procedure is ordered (to be given before prep).
6. PREP:  
Miralax (510 gm bottle) mix with 64 oz of Gatorade.  
**FOR MORNING PROCEDURES:** Begin prep @ 1400 the day prior. Have patient drink 8 oz of prep every 30 min until complete.  
**MORNING PROCEDURES ORDERED AFTER 1400: Begin prep per ordering instructions.**  
**FOR AFTERNOON PROCEDURES:** Begin prep @ 1700 the day prior. Have patient take half of prep the day prior (32 oz) and the second half of the prep (32 oz) the morning of the procedure **by 0700**.
7. If no IV, start LR @ KVO prior to procedure.
8. Pregnancy Test – Serum/Urine HCG for all women of childbearing age (menses to 55) within two days of procedure. (EXCEPTION: History of tubal ligation or hysterectomy.)
9. Anesthesia Pre-Op Orders for Endoscopy.

#### Post-procedure:

1. NPO until fully awake with stable vital signs.
2. Resume all pre-op orders.
3. Elevated HOB 30 degrees.
4. If IV started for procedure, DC when alert.

MD Signature: \_\_\_\_\_ Date & Time: \_\_\_\_\_

Please use Ball Point Pen ONLY

**DO NOT USE: U IU QD QOD MS MSO4 MgSO4**