PHYSICIAN'S ORDERS



NAME: ROOM NO: (ADDRESS) HOSP. NO. PHYSICIAN

Another brand of drug identical in form and content may be dispensed unless checked. lue						
STROKE WITH ALTEPLASE ORDER SET						
Level of Care	Inpatient					
	Attending Physician:					
	Primary Care Physician:					
	Diagnosis: Acute Ischemic Stroke					
Location	CCU					
Assessments	 Discontinue Alteplase infusion after the 60 minute infusion has been completed See the Emergency Department Acute Stroke Orders for dosing and monitoring instructions Vital signs (blood pressure, pulse, respirations) and neuro checks (Loc, limb power, speech) q 15 min x 2 hours then q 30 min x 6 hours and then q 1 hour x 18 hours per neurologic assessment (TIA/Stroke Assessment E-Form) Bleeding surveillance: Check puncture sites for bleeding or hematomas. Apply digital pressure or pressure dressing to active compressible bleeding sites. Observe urine, stool, emesis, and other secretions for blood. Hemoccult test if there is question of occult blood. Notify MD if petechiae develop in arm distal to BP cuff Call MD immediately if evidence of active bleeding, vomiting, neurologic deterioration, or vital signs outside the 					
	following parameters: a) Systolic BP > 180 mmHg or < 90 mmHg. MAP > 110 > 1 st 12 hr Alteplase then systolic BP > 180 mmHg or < 110 mmHg b) Diastolic BP > 105 mmHg or < 75 mmHg. MAP > 110 > 1 st 12 hr Alteplase then diastolic BP > 105 mmHg or < 60 mmHg c) Pulse < 50 beats per minute or > 120 beats per minute d) Respirations > 24 e) Temperature > 101.5 F f) O2 sat 94% 5. Special neuro signs to observe: a) Lethargy, nausea/vomiting 6. Swallow Assessment 24 hours after Alteplase administration by RN and documented; consult Speech Therapy if indicated 7. Continuous cardiac monitoring until discontinued 8. Oximetry q 4 hours 9. Rehab Assessment per Physical Therapy					
Activity	10. HOB 30 degrees x 8 hours, then advance as tolerated					
	11. Bed rest x 12 hours, then advance as tolerated.					
Treatments/ Interventions	 Foley Catheter prior to Alteplase administration; implement Foley Catheter Removal Protocol Titrate O2 at 2-4 L/min via nasal cannula to maintain O2 Sat greater than or equal to 94% (unless COPD) Temperature > 101.5 degrees: Blood cultures x 2 sites; UA, Urine culture and CXR. Notify MD of elevated temperature Cooling Blanket for temperature > degrees. Cool to degrees (CCU ONLY) VTE prophylaxis. SCDs and document 					
Nutrition	□ NPO x 24 hours					
IVs	17. Line 1: NS 1,000 ml IV at 100 ml/hr or Add mEq KCl/L until discontinued 18. Line 2: KVO rate with NS Other:					
MD Signature	e: Date & Time:					

Please Use Ball Point Pen ONLY
Revised: 03/06/2018 Page 1 of 2 DO NOT USE: U IU QD QOD MS MSO4 Mg

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STROKE WITH ALTEPLASE ORDER SET							
Meds	19. NO heparin, enoxaparin (LOVENOX), dalteparin (FRAGMIN), warfarin (COUMADIN), dabigatran						
	(PRADAXA), rivaroxaban (XARELTO), aspirin, clopidogrel (PLAVIX), prasugrel (EFFIENT),						
	ticagrelor (BRILINTA), edoxaban (SAVAYSA), or aspirin-dipyridamole (AGGRENOX) for 24 hours						
	after Alteplase started						
	Hypertensive treatment parameters to maintain a goal BP < 180/105.						
	(Check one of the following)						
	ACLS/Stroke guidelines						
	□ 10 mg labetalol IV push over 1-2 minutes. May repeat labetalol 10 mg IV q 10 min to max dose 300 mg						
	OR						
	10 mg labetalol IV push over 1-2 minutes. May repeat labetalol 10 mg IV q 10 min x 2 doses. If BP remains						
	elevated, start niCARdipine (CARDENE) 50 mg/250 ml @ 5 mg per hour IV infusion. Titrate by increasing						
	2.5 mg/hr q 15 min to max of 15 mg/hr (use tapering/titration guidelines)						
	20. Initiate Adult Sliding Scale Insulin Order Set, may discontinue after 24 hours if HgA1C < 6 and no insulin						
	given						
	21. Antacid/Peptic ulcer prevention: pantoprazole (PROTONIX) 40 mg IV daily or						
	22. Lipid therapy: \square atorvastatin 40 mg Po q hs \square atorvastatin 80 mg Po q hs \square Po q hs						
	23. Antithrombotic therapy start on (date) at hours						
	□ aspirin mg Po/PR daily □ aspirin-dipyridamole (AGGRENOX) 200-25 mg 1 Cap Po bid						
	□ clopidogrel (PLAVIX) 75 mg Po daily □ enoxaparin (LOVENOX) 1 mg/kg subcutaneously q 12 hr						
	24. acetaminophen (TYLENOL) 650 mg Po/PR q 4 hr PRN pain or temperature > 101 degrees						
Procedures/	25. Do not exceed 4 grams acetaminophen/24 hours from all sources.						
Tests	26. Admission labs NOW if not done in ED: Lipid profile, HgA1c, PT/PTT, Urine Drug Screen, UA 27. EKG if not done in ED						
Tests	27. EKG if not done in ED 28. CXR if not done in ED						
	29. CBC in am						
	30. CMP in am						
	At least one must be performed 24 hours post Alteplase:						
	CT of head (stroke order set)						
	☐ MRI (stroke order set)						
	Other labs:						
	☐ Fasting homocysteine ☐ Sed Rate ☐ CK with troponin ☐ TSH						
	☐ CRP ☐ HIV ☐ Serum Pregnancy						
	Other diagnostic – cardiology:						
	☐ TransTHORACIC Echo ☐ TransESOPHageal Echo ☐ Carotid Doppler						
	Other diagnostic – imaging (Stroke Order Set):						
	☐ MRI Brain ☐ MRA Head ☐ MRA Neck-Carotid ☐						
	☐ CT Head no contrast ☐ CTA Head & CTA Neck						
- T							
Consults	Family MD Pulmonologist Occupational Therapy Speech Therapy (Swallow Eval)						
	☐ Cardiologist ☐ Neurologist ☐ Dietician ☐ Speech Therapy (Speech Eval)						
D4/EomilyEd/	Respiratory Therapy Palliative Care Other Other						
Pt/FamilyEd/	31. Give stroke education to family; document						
DC Planning	32. Consult Case Management with discharge needs33. Diabetic education, if HgbA1c > 6						
	34. Give smoking cessation education information to patient; document						
MD Signature:							
I MID SIGNATURE	Date & Time:						

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