## PHYSICIAN'S ORDERS



NAME: ROOM NO: (ADDRESS) HOSP. NO. **PHYSICIAN** 

| Another brand of drug identical in form and content may be dispensed unless checked. |   |  |  |  |  |  |  |
|--|---|--|--|--|--|--|--|
| TIA/STROKE WITHOUT ALTEPLASE ORDER SET   |   |  |  |  |  |  |  |
|  |   |  |  |  |  |  |  |
| Level of Care  | ☐ Inpatient ☐ Observation due to  |  |  |  |  |  |  |
|  | Attending Physician:  |  |  |  |  |  |  |
|  | Primary Care Physician:   |  |  |  |  |  |  |
|  | Diagnosis:  |  |  |  |  |  |  |
| Location   | Admit to:  CCU Floor  |  |  |  |  |  |  |
| Assessments  | 1. Vital signs (blood pressure, pulse, respirations) and neuro checks (Loc, limb power, speech) q 1 hr x 8 hours, |  |  |  |  |  |  |
|  | then q 4 hours per neurologic nursing assessment (TIA/Stroke Assessment E-Form)                                   |  |  |  |  |  |  |
|  | 2. Call MD immediately if evidence of active bleeding, vomiting, neurologic deterioration, or VS outside the      |  |  |  |  |  |  |
|  | following parameters:   |  |  |  |  |  |  |
|  | a) Systolic BP > 220 mmHg or < 110 mmHg / MAP > 140   |  |  |  |  |  |  |
|  | b) Diastolic BP > 120 mmHg or < 60 mmHg   |  |  |  |  |  |  |
|  | c) Pulse < 50 beats per minute or > 120 beats per minute  |  |  |  |  |  |  |
|  | d) Respirations > 24  |  |  |  |  |  |  |
|  | e) Temperature > 101.5 F  |  |  |  |  |  |  |
|  | f) O2 sat < 94%   |  |  |  |  |  |  |
|  | 3. Continuous cardiac monitoring until discontinued   |  |  |  |  |  |  |
|  | 4. Oximetry q 4 hours   |  |  |  |  |  |  |
|  | 5. Intake and Output - strict   |  |  |  |  |  |  |
|  | 6. Rehab Assessment per Physical Therapy  |  |  |  |  |  |  |
|  | 7. Swallow Assessment on admission by RN and documented; consult Speech Therapy if indicated                      |  |  |  |  |  |  |
| Activity   | 8. HOB 30 degrees x 8 hours, then advance as tolerated  |  |  |  |  |  |  |
|  | 9. Bed rest x 12 hours, then advance as tolerated.  |  |  |  |  |  |  |
| Treatments/  | 10. Titrate O2 at 2-4 L/min via nasal cannula to maintain O2 Sat greater than or equal to 94% (unless COPD).      |  |  |  |  |  |  |
| Interventions  | Notify MD if O2 sat < 94%   |  |  |  |  |  |  |
|  | 11. Temperature > 101.5 degrees: Blood cultures x 2 sites; UA, Urine culture and CXR. Notify MD of elevated       |  |  |  |  |  |  |
|  | temperature > 101.5 F   |  |  |  |  |  |  |
|  | 12. Cooling Blanket for temperature > degrees. Cool to degrees (CCU ONLY)   |  |  |  |  |  |  |
|  | 13. VTE prophylaxis: SCDs and document  |  |  |  |  |  |  |
|  | <b>OR</b> □ heparin 5,000 units SubQ q 8 hours <b>OR</b> □ enoxaparin (LOVENOX) 40 mg SubQ daily                  |  |  |  |  |  |  |
|  | 14. <b>Hypertensive treatment</b> parameters to maintain a goal BP < 220/120                                      |  |  |  |  |  |  |
|  | (Check one of the following)  |  |  |  |  |  |  |
|  |   |  |  |  |  |  |  |
|  | CCU ONLY  |  |  |  |  |  |  |
|  | □ 10-20 mg labetalol IV push over 1-2 min. May repeat labetalol 10 mg q 10 min to max dose 300 mg                 |  |  |  |  |  |  |
|  | OR  |  |  |  |  |  |  |
|  | □ 10-20 mg labetalol IV push over 1-2 min. May repeat labetalol 10 mg q 10 min x 2 doses. If BP remains           |  |  |  |  |  |  |
|  | elevated, start niCARdipine (CARDENE) 50 mg/250 ml @ 5 mg per hour IV infusion. Titrate by increasing             |  |  |  |  |  |  |
|  | 2.5 mg/hr q 15 min to max of 15 mg/hr (use tapering and titration guidelines)                                     |  |  |  |  |  |  |
| MD Signatur  | Date & Time:  |  |  |  |  |  |  |

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DO NOT USE: U IU QD QOD MS MSO4 Mg Revised: 02/01/2019 Page 1 of 2

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| TIA/STROKE WITHOUT ALTEPLASE ORDER SET |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|
| Nutrition                              | □ NPO except meds    □ Mechanical soft    □ Healthy Heart    □ Diabetic kcal      □ Regular    □ Puree   |  |  |  |  |  |  |
| IVs                                    | 15. Line 1: NS 1,000 ml at 100 ml/hr or ml/hr. Add mEq KCl/L until discontinued 16. Line 2: KVO rate with NS if second line established. Continue until discontinued  OTHER:   |  |  |  |  |  |  |
| Meds                                   | 17. Initiate Adult Sliding Scale Insulin Order Set, may discontinue after 24 hours if HgA1C < 6 and no insulin given  ☐ Heparin (ACS, AMI, Acute ST Segment Elevation) Infusion Order Set (with NO BOLUSES)  18. Antiplatelet therapies: ☐ aspirin mg Po/PR daily ☐ clopidogrel (PLAVIX) 75 mg Po daily ☐ aspirin-dipyridamole (AGGRENOX) 200-25 mg 1 Cap Po bid  19. Antacid/Peptic ulcer prevention: famotidine (PEPCID) 20 mg IV bid * may give Po  20. Lipid therapy: ☐ atorvastatin 40 mg Po q hs ☐ atorvastatin 80 mg Po q hs ☐ Po q hs  21. acetaminophen (TYLENOL) 650 mg Po/PR q 4 hr PRN pain or temperature > 101 degrees |  |  |  |  |  |  |
| Procedures/<br>Test                    | 22. Do not exceed 4 grams acetaminophen/24 hours from all sources.  23. Admission labs NOW if not done in ED: Lipid profile, HgA1c, PT/PTT, UA, Urine Drug Screen 24. EKG if not done in ED 25. CXR if not done in ED 26. CBC in am 27. CMP in am  Other labs:  □ Fasting homocysteine □ Sed Rate □ CK with troponin □ TSH □ ANA □ Rheumatoid factor □ CRP □ HIV □ Serum Pregnancy □ RPR □ Phospholip AB/CardioLip IGM/IGG (MCLPMG)  |  |  |  |  |  |  |
|  | Other diagnostic – cardiology:       □ TransESOPHageal Echo       □ Carotid Doppler         Other diagnostic – imaging (Stroke Order Set):       □ MRI Brain       □ MRA Head       □ MRA Neck-Carotid         □ CT Head no contrast       □ CTA Head & CTA Neck       □ CXR       □ EEG   |  |  |  |  |  |  |
| Consults                               | ☐ Family MD ☐ Pulmonologist ☐ Occupational Therapy ☐ Speech Therapy (Swallow Eval) ☐ Vascular Surgeon ☐ Neurologist ☐ Dietician ☐ Speech Therapy (Speech Eval) ☐ Cardiologist ☐ Respiratory Therapy ☐ Palliative Care ☐ Other  |  |  |  |  |  |  |
| Pt/FamilyEd/<br>DC Planning            | 28. Give stroke education to family; document 29. Consult Case Management with discharge needs 30. Diabetic education, if HgbA1c > 6 31. Give smoking cessation education information to patient; document   |  |  |  |  |  |  |
| MD Signature: Date & Time:             |  |  |  |  |  |  |  |

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