



PHYSICIAN'S ORDERS

NAME:
ROOM NO:
(ADDRESS)
HOSP. NO.
PHYSICIAN

Another brand of drug identical in form and content may be dispensed unless checked. [ ]

Sliding Scale Insulin Order Set - Adult

Fingerstick Blood Sugars (FSBS) AC and HS.

- HgbA1c on all insulin-requiring diabetics on admission.

[ ] Other: \_\_\_\_\_

[ ] Regular Insulin [ ] Humalog Insulin [ ] Novolog Insulin [ ] Other \_\_\_\_\_

[ ] LOW DOSE SCALE
(Suggested as starting point for thin and elderly)
FSBS: ACTION:
< 70 mg/dl Follow hypoglycemia treatment
70 - 200 mg/dl No insulin
201 - 250 mg/dl 2 units Subcutaneous
251 - 300 mg/dl 4 units Subcutaneous
301 - 350 mg/dl 6 units Subcutaneous
351 - 400 mg/dl 8 units Subcutaneous
> 400 mg/dl Treat with highest dose, draw Stat glucose, CALL MD

[ ] MODERATE DOSE SCALE
(Suggested as starting point for average weight)
FSBS: ACTION:
< 70 mg/dl Follow hypoglycemia treatment
70 - 150 mg/dl No insulin
151 - 200 mg/dl 3 units Subcutaneous
201 - 250 mg/dl 5 units Subcutaneous
251 - 300 mg/dl 7 units Subcutaneous
301 - 350 mg/dl 9 units Subcutaneous
351 - 400 mg/dl 11 units Subcutaneous
> 400 mg/dl Treat with highest dose, draw Stat glucose, CALL MD

[ ] HIGH DOSE SCALE
(Suggested as a starting point for patients with infections, or those receiving steroids)
FSBS: ACTION:
< 70 mg/dl Follow hypoglycemia treatment
70 - 150 mg/dl No insulin
151 - 200 mg/dl 4 units Subcutaneous
201 - 250 mg/dl 6 units Subcutaneous
251 - 300 mg/dl 10 units Subcutaneous
301 - 350 mg/dl 12 units Subcutaneous
351 - 400 mg/dl 15 units Subcutaneous
> 400 mg/dl Treat with highest dose, draw Stat glucose, CALL MD

HYPOGLYCEMIA TREATMENT

FSBS < 70 mg/dl AND patient CAN SWALLOW

Step One: 4 oz grape or apple juice without added sugar.
Step Two: Recheck the FSBS in 15min. If it is still below 70, repeat Step One unless otherwise ordered by physician.

FSBS or Lab Results < 50 mg/dl

Conscious Patient, CAN SWALLOW:
Step One: Give 8oz grape or apple juice without added sugar OR 30gm oral glucose gel
Step Two: Recheck the FSBS in 15min.
If it is still below 50, repeat Step One unless otherwise ordered by physician.
If between 50-70: 4oz grape/apple juice without added sugar
Step Three: Repeat Step Two until Blood Sugar is at least 70, unless otherwise ordered by physician.

Conscious Patient who is NPO or unable to swallow—WITH IV: NOTIFY PHYSICIAN

Step One: Give 1/2 amp D50 IV slowly over 5-10min.
Step Two: Recheck the FSBS in 15 min.
Repeat Step One until FSBS is at least 70 unless otherwise ordered by physician.

Conscious Patient who is NPO or unable to swallow—NO IV: NOTIFY PHYSICIAN

Step One: Give 1 mg glucagon IM. START IV.
Step Two: Recheck the FSBS in 15min.
If FSBS less than 70: Give 1/2 amp D50 IV slowly over 5-10min.
Repeat Step Two until blood sugar is at least 70 unless otherwise ordered by physician.

Unconscious Patient with IV line readily available: NOTIFY PHYSICIAN

Step One: Give 1 amp D50 IV slowly over 5-10min.
Step Two: Recheck the FSBS in 15 min.
Repeat Step One until patient is conscious or FSBS is at least 70, unless otherwise ordered by physician.

Physician Signature: \_\_\_\_\_ Date & Time: \_\_\_\_\_

Please use Ball Point Pen ONLY

DO NOT USE: U IU QD QOD MS MSO4 MgSO4