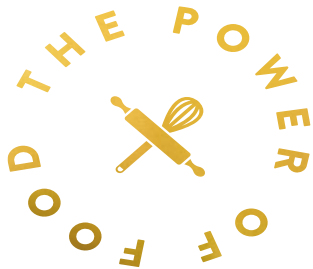




CULLMAN
REGIONAL



Weekly Menu

February 16 - 22

Monday

Entrée: Drums & Flats

Hamburger Steak
with Onions & Gravy
Crispy Chicken Wings

Side Items: Au Gratin Potatoes
Broccoli & Cauliflower
Pinto Beans
Collard Greens
Macaroni & Cheese

Cornbread
Jalapeno Cornbread
Wheat Rolls

Dessert:

Strawberry Cobbler

Soup:

Tomato Basil

Tuesday

Entrée: Smoky Mountain Chicken

Roast Pork Loin
with Gravy

Side Items: Cheese Grits & Black Eyed Peas
Almond Green Beans
Braised Cabbage
Honey Butter Carrots
Curried Cauliflower

Cornbread
Jalapeno Cornbread
Wheat Rolls

Dessert:

Fried Pies
Peach or Cherry

Soup:

Broccoli & Cheese

Wednesday Zen

Base: Brown or White Rice
Lo Mein Noodles

Protein: General Tso's Chicken
Beef Pepper Steak

Side Items: Hibachi Vegetables
Sesame Broccoli & Carrots
Fresh Green Beans
Pork & Vegetable Egg Roll

Toppings:
Scallions
Toasted Sesame
Cilantro
Jalapenos
Chopped Peanuts

Soup:

Hot & Sour Soup

Thursday Spud Shack

Base: Jumbo Baked Potato
Tater Tots

Protein: Pulled Pork
Pulled Chicken
Beef & Bean Chili

Hot Toppings: Roasted Broccoli
Sauteed Mushrooms
Roasted Onions

Toppings:
Butter, Sour Cream
Bacon Bits
Scallions
Cheddar Cheese
Pico de Gallo
Jalapenos

Dessert:

Cherry Cobbler

Friday

Entrée: Fried Catfish
with Tartar Sauce
Mediterranean Roasted Cod

Side Items: Cole Slaw
Seamed Broccolini
Creamed Spinach
Roasted Squash

Hush Puppies
Cornbread
Jalapeno Cornbread
Wheat Rolls

Dessert:

Blackberry Cobbler

Soup:

Tomato Florentine

Saturday

Grill Open: Hot Dogs, Corn Dogs
Chicken Tenders, French Fries
BBQ, Chili and Toppings

Assorted
toppings & sauces
available

Sunday

Entrée: Shrimp & Grits
Chicken Tenders

Side Items: Assorted Vegetables
French Fries

Cornbread
Jalapeno Cornbread
Wheat Rolls

Menu items are subject to change
Due to availability