



Weekly Menu

August 04 - 10

Monday

Entrée: Hamburger Steak
with Gravy & Onions
Rotisserie Chicken
Side Items: Parmesan Potato Wedges
Honey Butter Carrots
Fried Okra
Braised Cabbage
Cheese Grits

Cornbread
Jalapeno Cornbread
Wheat Rolls
Dessert:
Apple Crisp

Tuesday & Okra

Entrée: Beef Pot Roast w/ Vegetables
Garlic Herb Roasted Pork Loin
Roast Pork Gravy
Side Items: Macaroni & Cheese
Black Eyed Peas
Baby Lima Beans
Corn Souffle
Steamed Broccoli

Cornbread
Jalapeno Cornbread
Wheat Rolls
Dessert:
Fried Peach Pies
Fried Cherry Pies

Wednesday

Entrée: Stuffed Bell Peppers
BBQ Chicken Quarters
Side Items: Okra & Tomatoes
Country Style Green Beans
Corn Fritters
Potato Salad
Broccoli Bacon Salad

Cornbread
Jalapeno Cornbread
Wheat Rolls
Dessert:
Peach Cobbler

Thursday Zen

Base: Brown Rice
Lo Mein Noodles
Protein: Roasted Chicken Teriyaki
General Tso's Chicken
Side Items: Pork & Vegetable Egg Roll
Sesame Broccoli & Carrots
Hibachi Vegetables
Fresh Green Beans

Toppings:
Cilantro
Peanuts
Toasted Sesame Seeds
Scallions
Jalapenos
Dessert:
Cinnamon Sugar
Doughnut Holes

Friday

Entrée: Fried Shrimp
Andouille Sausage
Side Items: Broccolini
Lima Bean Creole
Roasted Brussels Sprouts
Cole Slaw
Dirty Rice

Cornbread
Jalapeno Cornbread
Wheat Rolls
Dessert:
Cherry Cobbler

Saturday

Entrée: Hot Doas, Corn Doas
Barbecue, Chicken Tenders
Sides: French Fries, Slaw, Chili

Assorted Toppings
Condiments

Sunday

Entrée: Shrimp & Grits
Chicken Tenders
Side Items: Assorted Vegetables
French Fries

Cornbread
Jalapeno Cornbread
Wheat Rolls

Menu items are subject to change
Due to availability