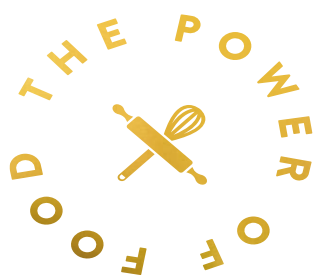


September 16 - 22



# Weekly Menu

## Monday & Okra

- Entrée:** Braised Beef Tips with Steamed Rice  
Crispy Chicken Wings
- Side Items:** Buttermilk Chive Mashed Potatoes  
Butter Beans  
Sweet & Spicy Brussels Sprouts  
Turnip Greens  
Okra & Tomatoes

- Cornbread  
Jalapeno Cornbread  
Wheat Rolls
- Dessert:**  
**Apple Cobbler**

## Tuesday Verde Taco

- Base:** Crispy Shells or Flour Tortillas
- Proteins:** Taco Beef  
Beef Barbacoa  
Fajita Spiced Chicken
- Hot Toppings:** Refried Beans  
Black Beans  
Spanish Rice  
Yellow Rice

- Toppings:**  
Shredded Lettuce  
Salsa, Pico de Gallo  
Sour Cream  
Guacamole  
Cheddar Jack Cheese  
Jalapenos  
Corn Salsa

## Wednesday Zen

- Base:** Jasmine Rice  
Steamed Brown Rice
- Proteins:** General Tso's Chicken  
Roasted Chicken Teriyaki
- Side Items:** Stir Fried Vegetables  
Steamed Broccoli  
Roasted Zucchini  
Pork & Vegetable Egg Rolls

- Toppings:**  
Peanuts  
Cilantro  
Jalapenos  
Scallions  
Toasted Sesame Seeds  
Sriracha  
Assorted Sauces

## Thursday

- Entrée:** BBQ Chicken Quarters  
Swedish Meatballs with Egg Noodles
- Side Items:** BBQ Carrots  
Green Beans  
Black Eyed Peas  
Fried Okra

## Dessert:

- Cinnamon Sugar Donuts**
- Cornbread  
Jalapeno Cornbread  
Wheat Rolls
- Dessert:**  
**Strawberry Cobbler**

## Friday

- Entrée:** Fried Shrimp  
Salisbury Steak
- Side Items:** Baked Sweet Potatoes  
Steamed Cabbage  
Cole Slaw  
Macaroni & Cheese  
Roasted Brussels Sprouts

- Hush Puppies  
Cornbread  
Jalapeno Cornbread  
Wheat Rolls
- Dessert:**  
**Double Chocolate Brownies**

## Saturday

- Entrée:** Baked Spaghetti  
Chicken Tenders
- Side Items:** French Fries  
Assorted Vegetables

- Cornbread  
Jalapeno Cornbread  
Wheat Rolls

## Sunday Grill Open

- Smash Burgers  
Chicken Tenders  
French Fries, Chicken Sandwiches  
Toppings, Condiments

- Assorted toppings & sauces available

Menu items are subject to change  
Due to availability